



It's Groovy Tuesday!

You've probably heard the term "dress for success". What does that really mean? We need to offer our best, whatever our job.

We've already talked about our attitudes and our words. Now, let's consider what we choose to wear. Your job probably has a dress code or a uniform. Whatever it is, make sure your clothing is clean and wrinkle-free. It's more than just clothing. Keep your shoes clean and polish them every once in a while.

Pay special attention to personal hygiene, too, please. Every day, ideally, take a bath, wash hair and brush teeth. Once a week, take some time to trim and clean fingernails. One thing some folks neglect is nail polish. It needs to be on or off, no chippy in-between.

No matter where you show up for work, you are a reflection of that company. However, remember that you are also a reflection of your family and friends. If your mom or grandmother would be embarrassed, change into something else. I also use that philosophy

on myself. If I ever question an outfit, I have learned to just change. If I don't, I'm self-conscious all day and can't perform to my potential.

As we finish our time together this morning, keep in mind that the easiest way to complete your wardrobe for work is to top it off with a smile as you make this a Groovy Tuesday!



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